

## ABSTRACT OF THE DISCLOSURE

Table 1. Continued	
Variable	Mean (SD)
Age (years)	61.2 (10.5)
Gender (male)	55.2 (44.8)
Marital status (married)	68.5 (31.5)
Education (years)	12.5 (2.5)
Income (USD/month)	1,200 (300)
Health status (good)	72.5 (27.5)
Smoking status (smoker)	35.2 (64.8)
Alcohol consumption (yes)	25.5 (74.5)
Exercise frequency (times/week)	2.5 (2.5)
Stress level (high)	45.2 (54.8)
Sleep quality (poor)	55.2 (44.8)
Depression score (high)	65.2 (34.8)
Loneliness score (high)	75.2 (24.8)
Life satisfaction (low)	85.2 (14.8)
Overall health (poor)	95.2 (4.8)